

Theme 3 Variables included in a spine register

1600-1605 ICHOM *Peter Fritzell*

<https://www.ichom.org/patient-centered-outcome-measures/#Musculoskeletal>



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Low Back Pain

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The ICHOM Set of Patient-Centered Outcome Measures for Low Back Pain is the result of hard work by a group of leading physicians, measurement experts and patients. It is our recommendation of the outcomes that matter most to patients with low back pain. We urge all providers around the world to start measuring these outcomes to better understand how to improve the lives of their patients.

- 1. Includes operative mortality, nerve root injury including cauda equina, deep wound infection, pulmonary embolus, wrong site procedure, vascular injury, dural tear, other, and need for rehospitalisation.
- 2. Tracked via the Oswestry Disability Index (ODI)
- 3. Tracked via the Numeric Pain Rating Scale (NPRS)
- 4. Tracked via the EuroQoL-5D (EQ-5D)

Request Implementation Support



Implementation Resources

You will need a Connect account to access the following documents:

- Low Back Pain Reference Guide [Login](#)
- Low Back Pain Data Dictionary [Login](#)

You can access the following documents without:

- Low Back Pain Flyer [Download](#)
- Low Back Pain Manuscript [Download](#)

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All of the basic information you need to implement ICHOM Sets is available in the links above.

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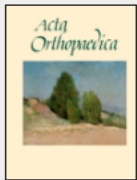
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Acta Orthopaedica >
Volume 86, 2015 - Issue 5

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<https://www.tandfonline.com/doi/full/10.3109/17453674.2015.1036696>

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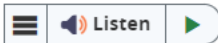
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Pages 523-533 | Received 13 Oct 2014, Accepted 17 Feb 2015, Published online: 01 Sep 2015

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In this article

Methods

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Discussion

Acknowledgements

References

Abstract

Background and purpose — Outcome measurement has been shown to improve performance in several fields of healthcare. This understanding has driven a growing interest in value-based healthcare, where value is defined as outcomes achieved per money spent. While low back pain (LBP) constitutes an enormous burden of disease, no universal set of metrics has yet been accepted to measure and compare outcomes. Here, we aim to define such a set.

Patients and methods — An international group of 22 specialists in several disciplines of spine care was assembled to review literature and select LBP outcome metrics through a 6-round modified Delphi process. The scope of the outcome set was degenerative lumbar conditions.

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Acta Orthopaedica
Published online: 26 Nov 2015